



AA Online Intergroup Alcoholics Anonymous

Get Help Now for a Drinking Problem. AA members worldwide are available now to help by email. **Help is available in 12 different languages,**

Browse the Online Meeting Directories: **Email, chat, audio, and forums meetings** in a variety of languages are in progress.

Go to <http://www.aa-intergroup.org/>



Step Chat – Recovery Chat Rooms

12 Step meetings and open fellowships chat.

Go to <http://stepchat.com/aa.htm>

<u>A.A. Big Book Study Meeting</u>	8:30 am Eastern 7:30 am Central 6:30 am Mountain 5:30 am Pacific 1:30 p.m. GMT	Chaired by Volunteers Log On To <u>Room 6</u>
<u>3rd Tradition A.A. Meeting</u>	Noon Eastern 11 am Central 10 am Mountain 9 am Pacific 5 pm GMT	Chaired by Volunteers Log On To <u>Room 6</u>
<u>A.A. Step Study Meeting</u>	6 p.m. Eastern 5 pm Central 4 pm Mountain 3 pm Pacific 11 pm GMT	Chaired by Volunteers Log On To <u>Room 6</u>
<u>Open A.A. Meeting</u>	11 p.m. Eastern 10:00 pm Central 9:00 pm Mountain 8:00 pm Pacific 4 am GMT	Chaired by Volunteers Log On To <u>Room 6</u>
TUESDAY		
<u>Tuesday Nooners Open A.A. Meeting</u>	Noon Eastern 11:00 am Central 10:00 am Mountain 09:00 am Pacific 5 pm GMT	Chaired by Volunteers Log On To <u>Room 6</u>

<u>Reflections A.A. Meeting</u>	8 pm Eastern 7 pm Central 6 pm Mountain 5 pm Pacific 1 am GMT	Chaired by Volunteers Log On To <u>Room 6</u>
<u>Closed A.A. Meeting</u>	10 pm Eastern 9 pm Central 8 pm Mountain 7 pm Pacific 3 am GMT	Chaired by Volunteers Log On To <u>Room 6</u>

WEDNESDAY

<u>A.A. Big Book Study Meeting</u>	8:30 am Eastern 7:30 am Central 6:30 am Mountain 5:30 am Pacific 1:30 p.m. GMT	Chaired by Volunteers Log On To <u>Room 6</u>
<u>Noon A.A. Meeting</u>	Noon Eastern 11 am Central 10 am Mountain 9 am Pacific 5 pm GMT	Chaired by Volunteers Log On To <u>Room 6</u>
<u>Serenity In Mind A.A. Meeting</u>	6:00 pm Eastern 5:00 pm Central 4:00 pm Mountain 3:00 pm Pacific 11 pm GMT	Chaired by <u>Volunteers</u> Log On To <u>Room 6</u>
<u>Beginners A.A. Closed Meeting</u>	9:00 pm Eastern 8:00 pm Central 7:00 pm Mountain 6:00 pm Pacific 2 am GMT	Chaired by <u>Volunteers</u> Log On To <u>Room 6</u>
<u>Closed A.A. Meeting</u>	11 pm Eastern 10 pm Central 9 pm Mountain 8 pm Pacific 4 am GMT	Chaired by <u>Volunteers</u> Log On To <u>Room 6</u>

THURSDAY

	Noon Eastern 11 am Central	Chaired by Volunteers
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<u>Noon A.A. Meeting</u>	10 am Mountain 9 am Pacific 5 pm GMT	Log On To <u>Room 6</u>
<u>You're In The Right Place Closed A.A. Meeting</u>	11:30 pm Eastern 10:30 pm Central 9:30 pm Mountain 8:30 pm Pacific 4:30 am GMT	Chaired by <u>Volunteers</u> Log On To <u>Room 6</u>

FRIDAY

<u>A.A. Big Book Study Meeting</u>	8:30 am Eastern 7:30 am Central 6:30 am Mountain 5:30 am Pacific 1:30 p.m. GMT	Chaired by Volunteers Log On To <u>Room 6</u>
<u>Noon A.A. Meeting</u>	Noon Eastern 11 am Central 10 am Mountain 9 am Pacific 5 pm GMT	Chaired by Volunteers Log On To <u>Room 6</u>
<u>Closed A.A. Meeting</u>	8 pm Eastern 7 pm Central 6 pm Mountain 5 pm Pacific 1 am GMT	Chaired by Volunteers Log On To <u>Room 6</u>
<u>Open A.A. Meeting</u>	11:00 pm Eastern 10:00 pm Central 9:00 pm Mountain 8:00 pm Pacific 4 am GMT	Chaired by Volunteers Log On To <u>Room 6</u>

SATURDAY

<u>Noon A.A. Meeting</u>	Noon Eastern 11 am Central 10 am Mountain 9 am Pacific 5 pm GMT	Chaired by Volunteers Log On To <u>Room 6</u>
<u>3rd Tradition</u>	8 pm Eastern 7 pm Central 6 pm Mountain	Chaired by Volunteers Log On To

<u>A.A. Meeting</u>	5 pm Pacific 1 am GMT	<u>Room 6</u>
<u>Serenity By The Cybernet Closed A.A. Meeting</u>	12 am Eastern 11 pm Central 10 pm Mountain 9 pm Pacific 5 am GMT	Chaired by Volunteers Log On To <u>Room 6</u>
SUNDAY		
<u>Noon A.A. Meeting</u>	Noon Eastern 11 am Central 10 am Mountain 9 am Pacific 5 pm GMT	Chaired by Volunteers Log On To <u>Room 6</u>
<u>Fifth Tradition AA Meeting</u>	10:30 pm Eastern 9:30 pm Central 8:30 pm Mountain 7:30 pm Pacific 3:30 am GMT	Chaired by <u>Volunteers</u> Log On To <u>Room 6</u>



AA Online.net

AAOnline.net has open "facsimile" real time AA topic meetings for Alcoholics on the WWW. It has 38 Online Alcoholics Anonymous meetings per week and plans to add more. Approximately 55 to 85 people flow through the room during any one meeting. Average attendance per meeting is 62. All recovering alcoholics, or anyone with a desire to stop drinking with **a Flash 7 (or above) Enabled Browser can attend the Meetings.**

Go to <http://www.aaonline.net/>

8:30am Every Day

1:30pm Weekdays

6:30pm Every Day

9:30pm Every Day

3:00pm/am Weekends

12 Midnight Every Day

Beginner's 9:30pm Monday

Daily Reflection 7am Wed



AA-AUSTRALIA UNITY RECOVERY GROUP

G'day folks, welcome to the AA-Australia Unity Recovery Group.

We are an audio group holding regular meetings daily.

We practice the 12 Twelve Traditions in our group

Please come and join us for an online meeting using quality audio over on *Paltalk*
www.paltalk.com

When: 8pm daily EST (Sydney, Australia time zone)

To access our group, download a small program from *Paltalk* at www.paltalk.com - then register a nick name.

Click on the "groups tab" and go through the list till you come to the "Health Related and Body"lobby...finally, enter and select the AA-Australia Unity Recovery Group at <http://www.paltalk.com/g2/group/520563537/DisplayGroupDetails.wmt>

Please join us for a great meeting and share with us on a wide range of recovery topics etc...all welcome.



AA Freethinkers

Oriented towards agnostic, atheist, freethinker, and secular humanists in recovery. No prayer format.

Note: This is an international live video chat. You will be able to see people's faces and hear their voices real time, with much of the immediacy of a face-to-face meeting.

Video cam is not necessary if you don't have one, but please use headphones/earphones to avoid echo.

A one hour discussion meeting is held every **Sunday, 2pm GMT (Greenwich Mean Time). Please check for your individual time zone.**

Topic discussion meetings held every week. **1st Sunday is a beginner's meeting with reading from "Living Sober."**

The AA Freethinkers chatroom will be set up shortly before the meeting. Go here to stickam:
<http://www.stickam.com>

And find our chatroom in the list. The password to enter the room is "**recovery**"
Email contact: tokyotwelve@hotmail.com



eFellowship.ning.com

Founded in September of 2008, eFellowship is a social network, similar to Myspace and Facebook, but for members of 12 step programs.

Unlike Mysapce and Facebook, eFellowship is only viewable by members.

This allows members to retain their anonymity, whle engaging with others in recovery. The site has discussion groups and the capability to hold audio, chat, and video chat meetings.

Members are also encouraged to post recovery-related events, spaeker mp3s, and links. eFellowship is intended as a sort of 24/7 online meeting and, thus, has no dues or fees. (In other words, it's free).

Individuals wishing to join must contact the moderator at fellowship.ning@gmail.com. After contacting the moderator, You will receive a link through which you can join eFellowship.



London Primary Purpose AA Group

Our group uses the "CLEAR CUT DIRECTIONS" from the Big Book of AA as its CENTRAL THEME. As part of our primary purpose, we believe the still suffering alcoholic is the most important person in the chat room, so please help us keep that focus when someone reaches out for help.

Using the basic text of AA, we are certain we can achieve the same recovery results as the first one hundred did. If you have not taken the steps in this manner, you are welcome to stay and learn how to be "rocketed into the fourth dimension" like many of us here.

Thank you for your consideration.

I am responsible, anytime anyone reaches out for help, I want the hand of AA always to be there, and for that I Am Responsible.

<http://www.londonppbbs.com/ourprimarypurposechatroom.html>

Sun- 8pm (EST - N. American Time Zone) - Beginners Meeting

Mon- 8pm (EST - N. American Time Zone) - Beginners Meeting

Wed- 8pm (EST - N. American Time Zone) - Big Book Study

Fri- 8.30pm (GMT - UK Time Zone; 3.30pm EST - N. American Time Zone) Big Book Study