

Date: June 13, 2010
To: Mid-Southern California Area
From: Linda C., Panel 60 Conference Delegate
RE: A few things we can do...

TO DO LIST

1. Take some flyers for the Pacific Regional Forum to your home group(s). They are also available on line at:
2. Read the information about Regional Forums and encourage EVERYONE in AA to attend...it's not just about General Service, but about AA as a whole...and there's a "First Timers' Orientation" and, it's FREE!! (No registration)

AA Grapevine or La Viña:

1. Take two copies of questionnaire
 - a. Fill one out and mail to delegate (address is on the questionnaire)
 - b. Make copies for your group and announce that they are on the literature table
2. Write an article and send it in (can be done online at
3. Consider subscriptions as a gift, for your home group, for your doctor, lawyer, laundromat, library or <fill in the blank>

Online Contributions to GSO

1. Read GSO info on how to make online contributions to GSO
2. Announce at District and Group meetings

Archives:

1. Carry copies of Group History Forms
 - a. Ask long-timers if they have any information on early group history and encourage them to fill out forms
2. Visit Archives Repository in Riverside, either alone or with group members; check out opportunities to take "work parties" to go through "stuff" and help make our history more accessible...and it's fun!
3. Remind your home group that local historical documents and literature can have a safe and useful home at the Area Archives...is there anything the members would like to contribute?

Connection with AA as a whole?

1. Take (and make) copies of "No GSR" upside down triangle to groups who have no GSR and see if they will consider electing one...
2. Make sure literature racks have the GSR pamphlet and maybe mention the importance of the link with AA as a whole during announcements.
3. Ask your home group members for ideas about how to increase participation in General Service and send ideas to Linda.

New Pacific Region Trustee

1. Announce: Rod B., from Utah will serve for four years. A past conference delegate and long-time professional in the field of alcoholism recovery, Rod is Navajo and the first Native American to serve as trustee for A.A.

New Stories Needed from...

1. Members of the Armed Services (or veterans) in order to update the pamphlet for members of the Armed Services
2. Members who have long-term sobriety in A.A. who are atheists or agnostics.
3. Members who take prescribed medications and are successfully sober in AA (for consideration for "Medications & Other Drugs" pamphlet update.
- 4.

Living Sober Booklet

Re-read the booklet "Living Sober" with an eye to possible updates or revisions and send any ideas to Linda.

Hospitals & Institutions

1. If you're participating in H&I panels, the Trustees' Corrections Committee is gathering information from throughout North America about signing sponsorship agreements and legally binding documents with correctional facilities. If you have experience, please contact Linda for information on how to participate in this project.

Videos and PSAs

Would your Group or District like to see some of the new and/or old AA videos and Public Service Announcements? Contact Linda and she will arrange for a screening.

Obituaries

Pass on to your group or district the text added to the pamphlet "Understanding Anonymity" concerning obituaries for AA members: *"A.A. members generally think it unwise to break the anonymity of a member even after his or her death, but in each situation, the final decision must rest with the family. A.A. members, though, are in agreement that the anonymity of still-living A.A. members should be respected in obituaries or in any type of printed remembrance or death notice."*

Pacific Regional Forum: August

Discussion about full faces in A.A. videos

Discussion topic: Should full faces be shown of actors in A.A. videos who are portraying A.A. members or potential A.A. members? How does this pertain to our anonymity tradition? (You might want to view the “*Hope*” video, which sparked this recent discussion.) Share information with Linda as the Trustees’ Public Information Committee is gathering information on this topic for a possible agenda topic for 2011.

BIG CHALLENGE: HOW TO INCREASE PARTICIPATION IN GENERAL SERVICE??

Write to: Linda at

delegatepanel60@msca09aa.org

Theme discussion: “We are responsible for A.A.’s Future—Let it begin with us.”

1. Discussion topic for group, workshop or district: *What are your concerns (if any) about A.A.s personal anonymity on the Internet? Especially on social networks such as Facebook, Myspace, etc.*
2. Discussion topic for group, workshop or district: *How can we practice our traditions and carry the message effectively in a digital age?*
3. Discussion topic for group, workshop or district: *Is our group informed? If not, should we do something about it? What does “informed” mean?*
4. Discussion topic for group, workshop or district: *Is our group/district/area open to all alcoholics? How diverse is diverse enough? How can we (or should we) open the doors wider to our community of alcoholics to reach out?*
5. Discussion topics for group, workshop, or district: *Do I have a Home Group? What does a Home Group mean to me? Does my Home Group have a business meeting or steering committee meeting separate from the recovery meetings? Who’s in charge of my Home Group?*

Pamphlets

Read a different A.A. pamphlet each week...make notes if you think something could be improved or you have other ideas, and pass the ideas on to Linda.

Still putting a dollar in the basket? FYI:

If you put \$1.00 in the basket in:	And you’re still putting a dollar in the basket, it is now worth:	In order to keep up with inflation, this would be what you would put in the basket:
1975	25 cents	\$ 4.05
1980	38 cents	\$ 2.65
1985	49 cents	\$ 2.03
1990	60 cents	\$ 1.67
1995	70 cents	\$ 1.43
2000	79 cents	\$ 1.27
2005	90 cents	\$ 1.12

There are an estimated 48,000 A.A. members in Mid-Southern California Area 09...and about 1,700 groups. At our last Assembly there were 73 GSRs and a total of 157 people in attendance. In January there were 57 GSRs and 208 people in attendance. More than half of the GSRs were from Spanish-speaking groups. Are the groups in our Area being fairly represented?